

Northborough Helping Hands Association, Inc.  
P.O. Box 383  
Northborough, MA 01532

Mission: The Northborough Helping Hands Association (formerly known as the Northborough District Nurses) is a non-profit volunteer organization established in 1920 to serve the needs of Northborough residents. Our purpose is three-fold:

1. Medical Equipment Loan Program

■ The medical equipment loan program is one of our many successful services, established to assure the availability of medical equipment at no charge to Northborough residents for short- or long-term use. The loan of medical equipment is free to any and all town residents although monetary donations are gratefully accepted. The equipment may be borrowed for as long as the need exists.

■ Equipment list:

Bed trays/ tables	Commodes	Geriatric Chairs	Patient Lifts
Bath Chairs / Benches	Comfort items	High Rise Toilet Seats / Arms	Walkers: hemi, fixed, folding
Canes: quad, regular	Crutches (including Forearm)	Mattress Pads: egg crate, air and water filled, alternating pressure	Wheelchairs

■ What if the equipment I need is not listed? Simply contact one of the members listed below. Additional equipment is often made available to the Association through other sources.

■ To learn more about this service, please call Northborough Family and Youth Services (508-393-5020) and they will help you get in touch with the right person with Northborough Helping Hands Association.

2. Helping Hands Program

■ Provide Thanksgiving and Christmas meals, as well as Christmas gifts, toys and/or clothing items for families, children and seniors or singles who are in need.

■ Provide winter coats and boots, when requested.

■ Provide Christmas gifts to residents (who have no families) in the two nursing homes in town.

■ The above is facilitated through Helping Hands Association with the cooperation of many local families, businesses, community organizations, churches (Giving Trees), library, senior center, and others.

- Donations may be made to the Northborough Helpings Hands Association, Inc. "Helping Hands" fund and mailed to the above address.
- To learn more about this service, please call the office of Family and Youth Services (508-393-5020) and they will help you get in touch with the right person with Northborough Helping Hands Association.

### 3. Emergency Funds

- Contribute funds to Northborough residents for emergency needs when requested through authorized social service programs. The Helping Hands Association would like to extend aid in emergencies for Northborough residents only. This aid would be in the form of a check paid to the provider of necessities such as prescription drugs, electric power, or heating fuel. Other requests will be considered if funds are available.
- To learn more about this service, please call Northborough Family and Youth Services (508-393-5020) and they will help you get in touch with the right person with Northborough Helping Hands Association.